

Russia and Ukraine Exchange 103 POWs Each

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@V_Zelenskiy_official / Telegram

Russia and Ukraine exchanged 103 prisoners of war each following mediation from the United Arab Emirates, Russia's Defense Ministry [said](#) Wednesday.

The exchange, which Ukrainian President Volodymyr Zelensky later [confirmed](#), is the first to have taken place between the two warring countries since June.

Russia's military said its servicemen who were released on Wednesday are currently in Belarus undergoing medical and mental health evaluations.

Zelensky posted a video and photos on social media of Ukrainian servicemen who were freed in the exchange.

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Yana Lantratova, Russia's human rights chief, said she met with her Ukrainian counterpart

Dmytro Lubinets during the prisoner swap.

“We exchanged lists of missing persons, discussed documentation matters and agreed on the next humanitarian shipment of care packages,” Lantratova [wrote](#) in a post on Telegram.

She also shared photos and videos of her meeting with Lubinets, which took place in Belarus.

Ukraine’s military intelligence chief Oleh Ivashchenko said that another exchange was expected before the end of the month.

Both Russia and Ukraine have released hundreds of prisoners of war since the start of the year through mediation from the United States and the UAE.

Reuters contributed reporting.

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