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Russians Celebrate Epiphany With a Bone-Chilling Bath

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Russians celebrate the feast of the Epiphany every year on Jan. 19 by bathing in ice-cold lakes and rivers to celebrate the baptism of Jesus in the River Jordan. The Orthodox Christian tradition is popular with believers and non-believers too, as a freezing ice bath is believed to be good for you. Here's a look at the Epiphany celebrations taking place across the country:



On the night of Jan. 18 or on the day of Jan. 19, people dunk themselves in freezing water three times at special bathing locations. **Donat Sorokin / TASS**

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