

# Most Russian Families Can Only Afford Food and Clothes

**Just one third of the population can afford to splurge on non-essentials.**

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The share of Russian households who could only afford to buy food has fallen from 16% to 14% over the last year. **Kirill Zykov / Moskva News Agency**

Almost two-thirds of Russian households only have enough money to buy food, clothes and other essential items, the state statistics agency Rosstat has found.

The proportion was slightly down on last year, with the share of families saying they could not afford to buy durable goods such as a new computer or household appliance, at 63.5% in the second quarter of 2019, down from 64.9% during the same period last year, the Russian RBC news site [reported](#).

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The improvement was led by a fall in the numbers of poorest households — those reporting they can only afford food and would struggle to buy new clothes — from 16% to 14% over the last year.

Rosstat said this was a “positive trend ... due to a reduction in the share of the least affluent groups of the population, and their transition to higher income.”

Official statistics published last week by Rosstat which showed a surprise 3% climb in real disposable incomes raised scepticism from economists who [questioned](#) their veracity and highlighted the findings as politically convenient.

The agency compiled these new statistics by asking thousands of households to keep a spending diary for a period of two weeks, then assessing each household's financial means and placing them into a category based on the type of goods and services they could afford to purchase without encountering financial difficulties. Just 2.7% fell into the top classification — households that could buy everything they need without problems.

Rosstat also found that households reported they were becoming less reliant on loans and credit cards for their day-to-day spending. Borrowed funds accounted for 9.1% of household spending, down from 11.1%. The fall comes amid a drive by the [central bank](#) and Economy Ministry to address the boom in the use of [payday loans](#) by Russians, which has been growing at an annual rate of more than 20% in recent years.

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