

# When Boiling Water Meets Freezing Air: Russia's Latest Instagram Trend, in Photos

February 06, 2019



**katrin22region / Instagram**

A new trend has made its rounds on Russian social media in recent weeks called "The *Dubak* Challenge," (from the Russian дубак, a slang word for intense cold) in which boiling hot water is thrown into sub-zero air for a beautiful sight. The result comes from the Mpemba effect, in which hot water freezes faster than cold water.

**Warning:** While the effects are tempting, the process is a risky one. We strongly advise you to not try this at home.

**Embed:**



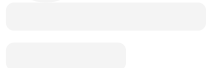


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Публикация от Ekaterina (@kvarnava) 4 Фев 2019 в 10:45 PST

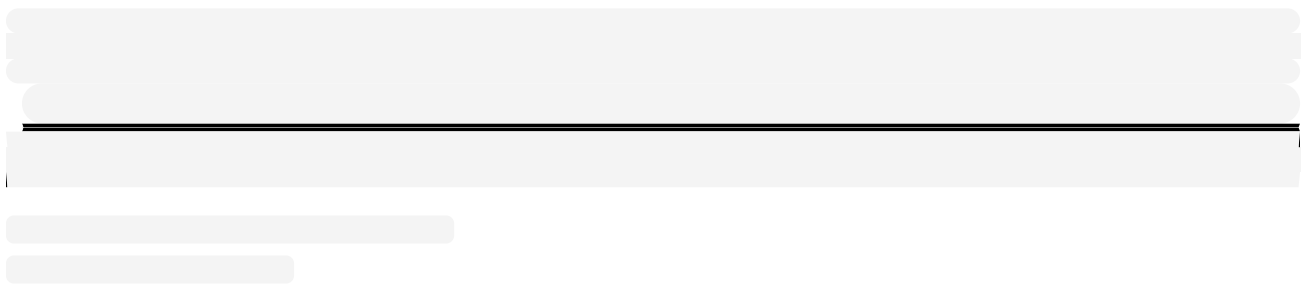
When hot water meets freezing air meets sunlight.

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Публикация от Анастасия (@anndriyanova) 20 Фев 2018 в 4:47 PST

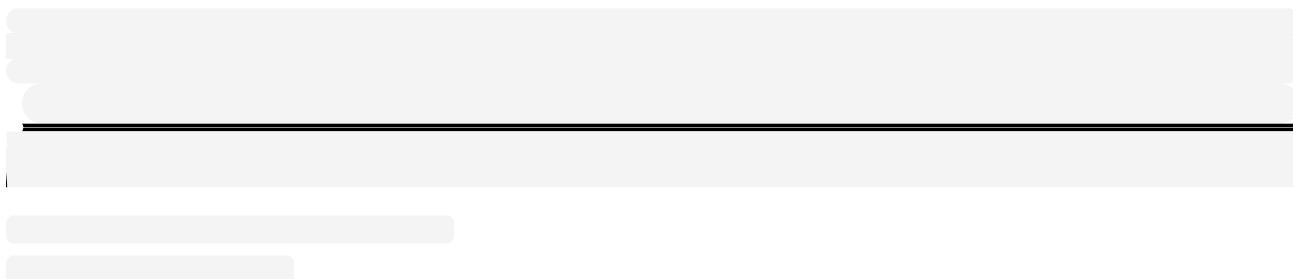
Many of those up for the challenge experimented with different angles and effects.

**Embed:**



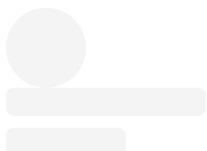


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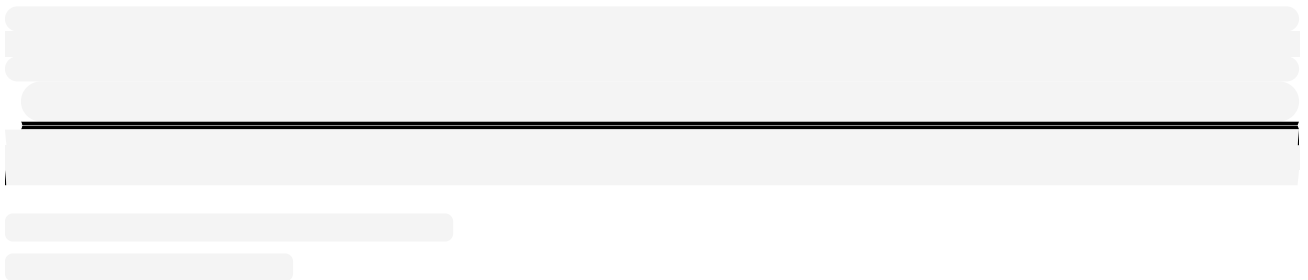
Публикация от Teacher & Traveler  (@willdiazbertolini) 19 Янв 2018 в 1:21 PST

### Embed:





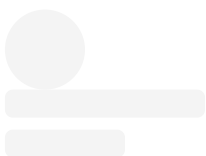
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Публикация от Екатерина Вакуленко (@katrin22region) 4 Фев 2019 в 1:25 PST

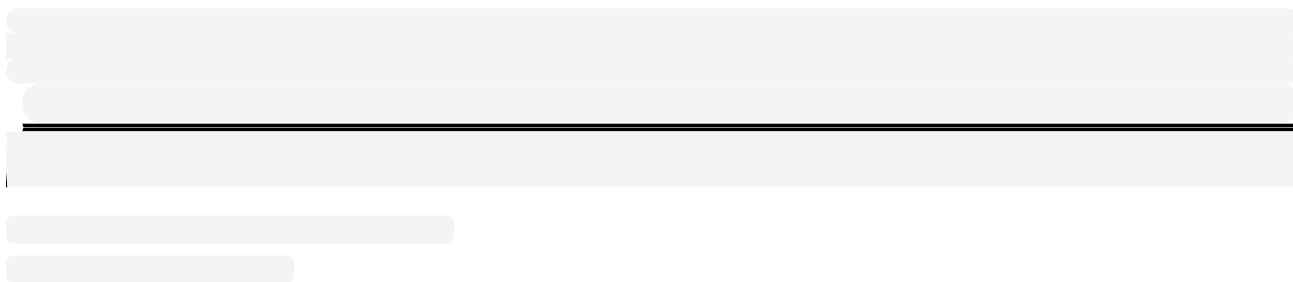
A video in slow motion shows the reaction between the boiling water and the cold air as it happens.

**Embed:**





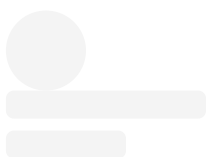
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Публикация от Maksim Butusov (@maksimbutusov) 5 Фев 2019 в 6:16 PST

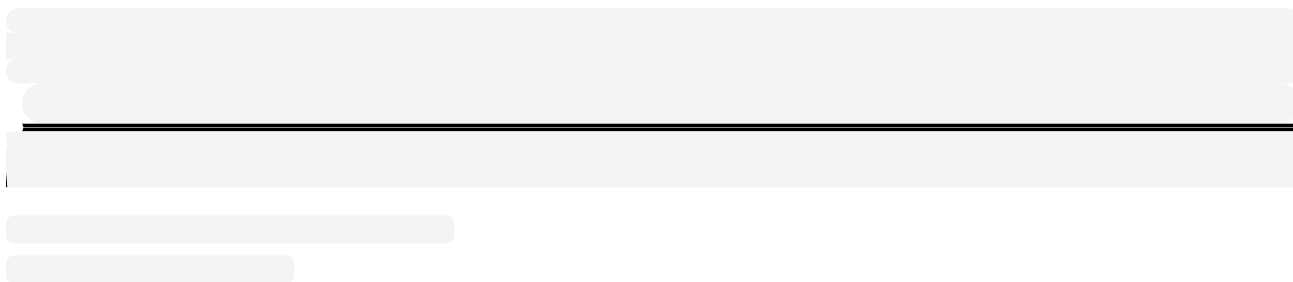
Besides the dangerous stunt, good photography is also key to the trend.

**Embed:**





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Публикация от Анна Вишнякова (@anechka\_vishniakova) 5 Фев 2019 в 5:08 PST

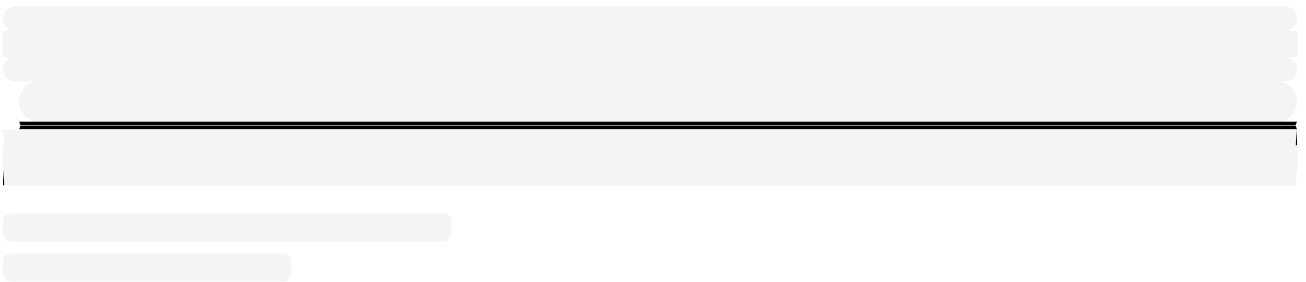
That moment before it hits you.

**Embed:**





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Публикация от Darya Che. 🐼 (@cheshirko) 24 Янв 2018 в 7:45 PST

Again, don't try this at home.

Original url:

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