

Russia's White Collar Daredevil

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Plans, charts, coffee, budgets, documents, ⊠negotiations, deadlines... it's just another day in the life of ordinary office clerk Pavel Makarov. He wears a shirt with cufflinks, a slim trousers, a jacket and sunglasses. His responsibilities include putting coffee in the coffee machine.

But outside the office, Pavel's life is rather different. Still donning his ■ suit and tie, he plunges into the world of extreme sports, adrenaline, ■ and adventure travel. With the aid of a camera, he began documenting ■ his activities in his Instagram travel blog "The Office Plankton" (@macpava), which currently has more than 25,000 subscribers. It's worlds away from life at the office.

This photo gallery is a story written by Pavel.

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