

# Local Lawmaker in Russia Films Bizarre Exercise Video at Mortuary

November 09, 2016



**Pixabay**

A local politician from Russia's ruling political party, United Russia, is facing questions in the Irkutsk region, after appearing in a strange exercise video where she performed squats in what appears to be a mortuary.

Standing in front of coffins and gravestones, Shelekhov district Duma deputy Anastasia Myakina did squats, or "gorizhopy," in a short video clips that seems to have been meant as a spoof exercise video.

According to the [Flashsiberia.com](http://Flashsiberia.com) website, Myakina says she's currently participating in a weight-loss program. She reportedly first published the video on Instagram, and then deleted the post, but not before Internet users managed to grab the file and repost it elsewhere online.

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