The Moscow Times
30 YEARS
INDEPENDENT NEWS FROM RUSSIA

Moscow Lifehack: Help! Mosquitoes Ate Me! Ten Russian Home Remedies to Stop the Itch

By The Moscow Times

June 27, 2016



We sympathize. Here are 10 tried and true Russian home remedies to take the itch out of those bites:

1. Ice. Hold an ice cube on the bite as long as you can stand it. Cold acts as a temporary anesthetic.

2. Mix baking soda and water into a paste and slather it on. Messy but effective.

3. Mix one part 9 percent vinegar (standard Russian cooking vinegar) with three parts water (or less, if the vinegar doesn't irritate your skin). Dampen a cloth in the mix and hold it on the bites.

4. Hold a damp black-tea teabag on the bite, and the tannin will pull out some of the toxins.

5. For a drippy treatment, slather on sour cream or kefir.

6. For a hippy treatment, slather on tea tree oil.

7. For a zippy treatment, slather on Tiger Balm ("Zvyozochka").

8. For a weird treatment, slather on mint toothpaste.

9. For a stinky treatment, dampen a cotton ball with household ammonia and hold it on the bite.

10. For a clean treatment, cover the bite with hand sanitizer.

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