

# Daylight-Saving Time

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**The  Moscow Times**

Russia will switch to daylight-saving time for the last time on Sunday, with every time zone advancing the clocks by one hour at 2 a.m. and keeping them this way.

The country has observed daylight-saving time since 1981, but President Dmitry Medvedev decreed earlier this year to end the practice, with no fall rewinding of the clocks.

Medvedev said in February that the switch to "permanent summertime" — as the media dubbed it — will eliminate the unnecessary strain that regular time adjustment puts on public health.

*(MT)*

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