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5 Places in Moscow to Buy Hard-to-Find Food Without Leaving the House

By Hebe Foster

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Need some Italian cheese? Or maybe a particular Asian spice? Or want to eat only organic or vegan products? These online markets will satisfy your cravings and you don't even have to leave the house. The sites are all in Russian, but the clear pictures make them accessible for any Moscow resident

Italian Week Market

Hankering after arabbiata sauce? Desperate for some real mozzarella or gran padano? Roberto Bruno's online shop is the place for you! Italian Week Market's offerings include a whole range of products, from meat, pasta and sauces to baked goods and cheeses. In addition to raw ingredients, the site offers some of Chef Bruno's signature products, including ravioli and lasagne.

Average prices: Homemade pasta: 70 rubles per 100 grams

Cheese: 150 rubles per 100 grams
Signature recipes: 150-300 rubles per 100 grams

Delivery: The minimum order is 1,500 rubles. Delivery prices start at 350 rubles and decrease the more you order. Orders placed before 8 p.m. will be delivered the following day, or can be arranged for a specific date.

Website: market.italianweek.ru

Kitaeshka

If you want to cook Asian recipes, Kitaesha is the place to go. The site offers a wide range of ingredients necessary for Chinese, Korean and Vietnamese dishes such as tofu, pea shoots and Asian mushrooms as well as Asian-style snacks and instant soups. From soy sauces to rice vinegar, bean pastes to spices, the pages are stocked with enough seasonings for any culinary experiment.

Average prices: Bottled sauces: 250-300 rubles per 500ml
Instant soups: 60 rubles per 125-gram package

Delivery: The minimum order is 1,000 rubles; delivery within the MKAD is 290 rubles. Orders usually arrive within 2-3 days.

Website: kitaeshka.ru

Delikateska

This site prides itself on offering the most varied range of premium quality delicatessen foods in Moscow. It has an enormous selection of items, including seafood, fish, meat and dairy products. Delikateska also features a wide range of supplies for those wanting to create international dishes, including Japanese, Mexican, Italian, Greek, Thai and French products. The website is well-organized and clear and even boasts a "Kitchens of the World" section to allow easy searching for international products. There aren't any discounts here, but the site is a good source for items difficult to find in your local grocery.

Delivery: The minimum order is 500 rubles. Delivery is free on Sunday and Monday. Delivery cost on other days varies depending on the amount of the order and the time of day.

Website: delikateska.ru

Soyka

This site is the place for vegetarians and vegans. For more than 15 years, Soyka has been offering Muscovites everything necessary for following a meat-free diet. And for those interested in starting this kind of diet, the Soyka site also has a large recipe section with instructions on how to cook dishes ranging from broccoli and tofu stir try to blini with

vegetables.

Average prices: Tofu: 65 rubles per 200 grams
Almond milk: 285 rubles per liter

Delivery: The minimum order is 500 rubles and within Moscow, products can be delivered the same day they are ordered. Price of delivery depends on the size of the order.

Website: shop.soyka.ru

Moroshka

This online outlet of the Moroshka Market offers "real products." The company works with small farmers across Russia to bring Muscovites fresh, whole foods grown without any chemicals or fertilizers. The shop also sells wild-caught fish and game. In addition to fresh meat and produce, Moroshka sells small batch jams and pickled vegetables and frozen prepared foods, like blini and pelmeni.

Average prices: Whole chicken: 400 rubles per 1 kilogram
Blueberries: 385 rubles per 1 kilograms
Milk: 80 rubles per 500 ml

Delivery: Minimum order is 3,500 rubles and delivery cost depends on the location and total order cost. Orders are accepted only Tues-Sat. From 2 p.m-10 p.m.

Website: Moroshkamarket.ru

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