

These Russian Daredevils Put the WIN in Winter (Video)

By [The Moscow Times](#)

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If you've spent any time in Russia, chances are you've encountered a fair bit of snow and dutifully trudged through it on your way to the metro.

But next time the white stuff falls, resist the temptation to draw your curtains and search Google for images of the tropics.

Follow the example of this group of Russian daredevils, who showed in a recent YouTube video that the only way to beat the winter blues is to, literally, embrace it. Naked.

An instruction manual.

1. Snow Drifting

All you need is a rubber ring and a car — preferably a Lada, though anything with an engine will do.

Helmets are optional, but might save the day if you enter a curve at high speed and fly into a tree.

Oh, and naturally the whole thing is 10 times more exhilarating if you do it shirtless.



YouTube

2. Air Acrobatics

Air acrobatics can be carried out individually, or, if you're feeling social, you can synchronize your jumps with a partner. All you need is a low-rise building and a mound of snow to help cushion the blow.

Extra points are available if you land a double flip.

Shoes and underpants are non-negotiable equipment. Aside from that, anything goes.



YouTube

3. Human Bowling

Get out your rubber ring (see Nr. 1) and dial the number of that driver willing to tow you around.

The rules are fairly simple: Line up all your friends and slide toward them. Your aim is to take them down, their aim is to avoid being knocked over.



YouTube

4. Car Tag

One of the more dangerous events associated with a snowy day, and at least two vehicles are needed to play properly.

Get your appointed driver to put his foot down while your friends chase after you and your rubber ring in the second car.

Extra points if you manage to avoid being run over.



YouTube

5. Snow Jumping

Create a mound of snow and get your Lada-owner to tow you toward it in your rubber ring.

The aim is to get a maximum air off your jump, so don't be afraid to approach at speed.

Extra points are available if you avoid getting flung from your ring.

Watch the video below for the whole experience:

Original url:

<https://www.themoscowtimes.com/2015/02/03/these-russian-daredevils-put-the-win-in-winter-video-a43499>