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Russia's Zhirinovsky Wants to Talk Health Food With Michelle Obama

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U.S. first lady Michelle Obama speaks at the start of a luncheon and panel discussion in the White House East Room.

Vladimir Zhirinovsky, the outspoken leader of the Liberal Democratic Party, has reached out to Michelle Obama to express his support of the U.S. First Lady's policies on childhood nutrition.

In an interview with radio station Govorit Moskva (Moscow Speaks) on Sunday, Zhirinovsky said he had already sent the first lady an invitation to meet for a joint discussion on healthy food programs.

"We in the Liberal Democratic Party have spoken about this frequently for several years now. But, unfortunately, we don't have enough powers or potential [to implement our own programs.] It is up to the health minister, the education minister, and the deputy minister for social issues. We need to introduce a corresponding menu in [educational] institutions. And we should start with elementary schools. This should be supported, all the country's leaders should do this," Zhirinovsky was cited as saying in the interview.

Michelle Obama began her campaign to tackle childhood obesity in the U.S. soon after her husband first took office in 2009.

Since then, she has pushed for healthier meals in schools, a ban on beloved foods like doughnuts and fried eggs, and harsher requirements in physical education.

Zhirinovsky has repeatedly grabbed the headlines with his well-intentioned health tips — ranging from having less sex, to abstaining from alcohol and tobacco and eating less meat.

But the do-gooder is perhaps the last person one would expect to get health tips from: In addition to owning his own brand of vodka, the lawmaker has featured in numerous viral videos that appear to show him heavily intoxicated.

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