

Study Finds Russian Women Spend Most Time in Front of Mirror

By [The Moscow Times](#)

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A young woman correcting her makeup using a pocket mirror.

Russian women place first in the world in terms of how much time they spend in front of a mirror, a study conducted by U.S. company Harris Interactive revealed.

Fifty-seven percent of Russian women between the ages of 18 and 49 spend at least 45 minutes getting ready before leaving the house, according to the study, published in the Copenhagen-based newspaper MetroExpress.

Dutch women came in second place, with 49 percent of them spending the same amount of time getting dolled up.

British women came in third, with 44 percent; Polish women took fourth place, with 32 percent; and Germans placed fifth, with 26 percent.

Spanish, Italian, Turkish and French women were found by the study to spend the least

amount of time staring at their own reflections. The study was conducted over the Internet among 4,069 women.

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