Russian Athletes Win Medals in Swimming, Athletics

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Svetlana Romashina won gold in the synchronized solo free final.

It was a triumphant weekend for Russian athletes who competed at the European Athletics Championships and European Aquatics Championships, where they reaped medals and helped the country advance in competition standings.

Reigning synchronized swimming world champion Svetlana Romashina — who was a gold medalist in the team events at the Beijing and London Olympics — won gold for the European Championships' solo free final in Berlin on Sunday where she garnered 95.83 points. The title of European champion had evaded the 24-year-old athlete, who has now won every possible medal in synchronized swimming.

With seven days of competition remaining, Russia was ranked second Sunday in the medal standings with three gold medals and one bronze, trailing behind the Netherlands.

Meanwhile, at the European Athletics Championship in Zurich, Russia's national track-and-field team won four medals on Saturday, propelling the country to third place in the medal

standings.

Yekaterina Koneva, a two-time triple jump gold medalist at the Summer Universiade, and Irina Gumenyuk finished second and third in the triple jump competition, with respective results of 14.69 and 14.46 meters.

Sergei Litvinov finished third in the hammer throw with a distance of 79.35 meters and Irina Davydova, a gold medalist at the 2012 Championships, finished third in the 400-meter hurdles, which she ran in 54.60 seconds.

With few competitions remaining before the championships closed Sunday evening, Russia had garnered three gold, three silver and 12 bronze medals.

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