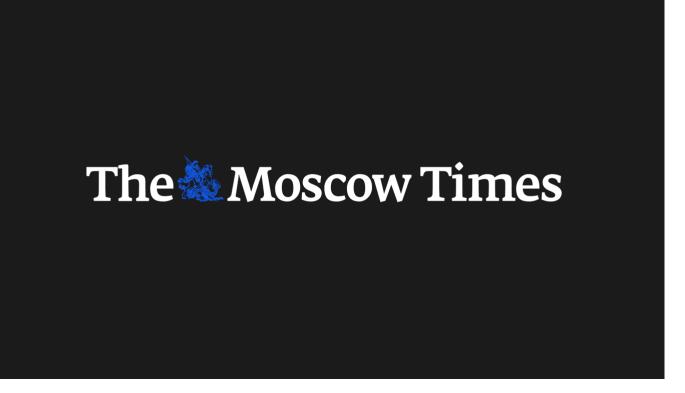


## Muscovites Are Latest to Bed, Latest to Rise

August 06, 2014



Muscovites on average go to bed at 46 minutes past midnight and wake up at 8:08 a.m., giving them the latest daily schedule of any city, according to statistics released Wednesday.

Inhabitants of Australia's Brisbane wake up the earliest, at 6:29 a.m., and go to bed the earliest as well, at 10:57 p.m., fitness wristband maker Jawbone said in a statement.

People in Stockholm walk the most, making 8,876 steps every day, while people in San Paolo walk the least, making only 6,254 steps a day.

## Original url:

https://www.themoscowtimes.com/2014/08/06/muscovites-are-latest-to-bed-latest-to-rise-a38078